



Is Communicating Beyond Your Own Style

Understand others. Build stronger connections.
Create an impact.

This engaging and practical program helps
leaders and teams communicate more
effectively with confidence, and building
stronger, more productive relationships.

THREE KEY OUTCOMES. LASTING RESULTS.



AWARENESS

SEE BEYOND YOUR STYLE.

Recognize your own communication
style & how others may
experience it.



ADAPTABILITY

ADAPT WITH CONFIDENCE.

Learn practical strategies to
adjust your approach & connect
more effectively.



CONNECTION

BUILD STRONGER RELATIONSHIPS.

Foster understanding, trust,
& collaboration across
diverse teams.

YOUR TEAM WILL:

- ✓ Communicate with greater clarity
- ✓ Reduce misunderstandings
- ✓ Strengthen collaboration
- ✓ Navigate differences with ease
- ✓ Drive better results together

“A special thank you for your recent
program on ‘Myers-Briggs and
your Management Style’. You were
able to engage, focus and challenge
the GSB alumni group in an applied
and focused manner and that is not
always an easy feat for
visiting speakers!”



Linda Wells

Stanford Graduate
School of Business

“You presented Myers-Briggs
in a new and fresh way and our
members enthusiastically received
you! The information could be applied
immediately to our clients.
The handout you prepared was
in an easy-to-use format filled
with relevant information. Thank you
for a fantastic presentation!”

Michelle SantaFerraro

National Association of
Professional Organizers (NAPO)



JENNIFER SEDLOCK

SPEAKER • TRAINER • AUTHOR



FOR MORE TITLES & TOPICS, VISIT:

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LET'S TALK TODAY

760.635.3305