



**Speaking to  
the head and *the heart!***

# Jennifer *Speaks!*

**INSPIRING MESSAGES  
EDUCATIONAL SEMINARS**

## Keynote Programs

### **Running Toward Your Dream**

*Actualizing life goals*

### **Running Toward Your Team's Goals**

*Getting everyone clear and focused*

### **Discovering Your MBTI® Type**

*Communicating with everyone better*

### **Leading Beyond Your Own Style**

*Optimizing the strengths of others*

*"Wow, the women loved you at our 18th annual Central California Women's Conference! What a great impression you made! Thank you for sharing your gifts, knowledge and talents to our women, and thank you for being so terrific."  
Susan Forrester, President*

### **Resources:**

**Running Toward Your Dream**, DVD and CD

**Running Toward Your Dream**, Workbook

**Discovering Your MBTI® Type**, DVD

**Winning Strategies**, 13 CDs + 2 DVDs

Jennifer is a professional speaker, author and corporate trainer. She has served over 100 organizations over the past 14 years in Leadership, Communication and Teamwork. With previous management experience she brings focus on bottom line results to her inspiring keynotes and educational seminars.

Not only is Jennifer a qualified Myers-Briggs® trainer, but uniquely offers this topic as a keynote speech. Her Masters in Organization Development at USF and thesis on the validity of the Myers-Briggs® Team Report, place her as a top choice for speaking to organizations on improving communication in the workplace. Her main keynote for convention openers, "Running Toward Your Dream," has a WOW finale that most people will remember for years.

### **Jennifer Sedlock**

welcomes the opportunity to entertain, educate and inspire your audience. If you are looking for a dynamic speaker to motivate your team, Jennifer would love to be your choice for conferences, breakout sessions, off site meetings, half-day seminars, employee events, as an emcee or retreat speaker.



*"I like her because she is visionary, strategic, and tactical, and you don't really find that very often, and then she's authentic and engaging."  
Lakiba Pittman, Agilent Technologies*

**Call now to schedule  
Jennifer for your next event!**