

# Are You *Running* Toward Your Dream?

## Go For the Gold!

If you could do anything and knew you wouldn't fail, what would you do?

### *Three Steps to Actualizing Your Goals*

#### **Vision:**

***KNOW THE COURSE!***

*Don't let anyone steal your dream...especially YOU!*

#### **Plan:**

***STAY ON TRACK!***

*The only difference between a dream and a goal is a plan!*

#### **Action:**

***GO THE DISTANCE!***

*Staying motivated is critical, so reward yourself!*

*Jennifer made such an impact with our audience, they were talking about her program months later. I would recommend Jennifer without hesitation to speak at any function.*

*Gini Craig, President  
Financial Women International*



*"Jennifer Sedlock captivated, motivated, and kept us participating in her presentation! She gave us practical tips and ideas for success! Her surprise ending will stay with us for years to come!"*  
*Joy Brande*  
*President: Rancho Santa Fe Business and Professional Women*

#### **Objectives:**

**Hurdle barriers and start to dream again...**

**Capture your dreams and convert them in GOALS**

**Create action plans with simple steps to get there!**

*Jennifer Sedlock is an inspiring speaker, trainer and author. She has worked with over 100 organizations, associations and educational institutions in the past 14 years. Her goal in this program is to help people get clear on their dreams, create goals and start moving faster toward them in the midst of their already busy lives. Come be entertained, educated and figure out your next steps! You won't want to miss the grand finale, your gift, or the motivation to get moving!*

### **Jennifer Speaks!**

**Book Jennifer today! Call 760.635.3305**

**Visit [www.JenniferSpeaks.com](http://www.JenniferSpeaks.com)**

