

Running Toward Your Dream ...

- ★ Discover all your dreams
- ★ Create a dream list
- ★ Add to your dream list
- ★ What are all the things you want to “be, do, have”
- ★ Make your plans, in your mind, on paper, think about it all the time
- ★ Map out all the ways you could get to your goals, get creative
- ★ Talk to others, get people rallied behind your dream
- ★ Offer your time somewhere to learn more from people doing your dream
- ★ Network or hangout with those doing your dream
- ★ Act as if, Fake it till you make it if necessary
- ★ Positive Affirmations to your dream
- ★ Believe in yourself
- ★ Believe there is a way
- ★ Mind Map all the possible ways, all the possibilities
- ★ Know your obstacles, find solutions to them
- ★ Enlist your main obstacle
- ★ Leap, take a quantum leap before you think it is possible
- ★ Be aware of opportunities,
- ★ Stay focused and don't be pulled off track
- ★ Consider the effects on others, is it really worth it
- ★ Balance differing dreams out with one another, do they conflict?
- ★ Do your dream
- ★ Life's too short to not take a step today toward your dream
- ★ Give yourself time to dream
- ★ Remember when you were a kid and you wanted so many things
- ★ Dreaming is a tool
- ★ Dreaming is the step before setting goals
- ★ “I've got a dream” - Martin Luther King
- ★ Dreams can be our guide sometimes (Why buy a lottery ticket – you have a dream!)
- ★ Dreams are the foundation of our desires
- ★ Dreams are the inner sense of motivation we feel to pull us toward an action
- ★ Dreams lists are a place to play with the possible
- ★ Having a dream is what keeps people alive
- ★ Dreaming is natural, It is just something we all have the capability to do
- ★ To dream, is to dance in our minds
- ★ To hold back a dream is to deny ourselves the options
- ★ Dreaming builds plans
- ★ Do you remember what you wanted to be when you were 5 years old?
- ★ If you can conceive it and believe it, then you can achieve it! - Zig Ziglar

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