

Jennifer Sedlock

Jennifer Sedlock is a professional speaker, author, consultant, wife and mother of three. She provides inspirational presentations and educational programs to organizations, associations, educational institutions, retreats and women's events.

Before starting her company **Jennifer Speaks!** Jennifer was in management and corporate training at Office Specialists of Boston, Jenny Craig International of San Diego, The Broadway Southern CA, and Meier & Frank of Portland, Oregon.

With a bachelor's degree in business administration from Berkeley and a master's degree in Organization Development from USF, she has worked with over 100 organizations across the country in the areas of communication, leadership and teamwork.

Jennifer is a qualified Myers-Briggs Consultant with a career passion to inspire people to visualize, define, plan and achieve their dreams and goals in life. Today she will present us with *Running* Toward Our Dreams!

Please Welcome.....***Jennifer Sedlock***