

Jennifer Sedlock

Jennifer Sedlock is a professional speaker, author, wife and mother of three. She provides motivational keynotes and educational programs to organizations, associations, educational institutions, women's events and retreats. She has worked with over 100 organizations in the areas of communication, goal setting, teamwork and leadership. She resides in San Diego, California.

For the ten years prior, Jennifer held management and corporate training positions at Office Specialists of Boston, Jenny Craig International of San Diego and Meier & Frank of Portland, Oregon.

Jennifer earned her bachelor's degree in Business Administration at the University of California, Berkeley, where she received an "Entrepreneurship Award" her senior year for the creation of her first company. She earned her master's degree in Organization Development at the University of San Francisco. Her master's thesis tested the validity of the Myers Briggs Type Indicator® Team Report.

As a qualified Myers-Briggs® Consultant for over a decade, Jennifer not only provides assessment, consulting and training on the MBTI®, but uniquely offers a keynote presentation for conferences (available on video and DVD at www.jenniferspeaks.com).

Her career passion is to help people understand their personality, seek their life purpose, and inspire them to visualize, define, plan, and achieve their desired goals and dreams at work and in life that are all in alignment with their journey.

Jennifer Speaks!
www.jenniferspeaks.com