

# **Getting Your Team Together!**

## ***Improving Trust, Participation, and Results***

When is a team a team?

What are the elements of effective teams?

What are the skills necessary to turn “I” into “we”?

### **Session Objectives:**

- Reveal the elements of effective teams
- Learn the *Five Stage Team Building Process*
- Gain skills to transform “I” into “we”
- Understand how to create effective teams

This session is about understanding teams; learning how trust breaks down and how to create more effectiveness. We identify the paradigm shift from autocratic management to team management. As members on a team, individuals come to understand the nature of collaboration and cooperation. Participants learn how the team approach enhances productivity, morale and individual growth.

Team members need to learn from one another. Team leaders recognize that facilitation skills lie at the heart of effective team leadership. From the teambuilding model, participants perform exercises and games to practice teamwork and to learn main points of discussion. They discover their own assumptions that impact others on the team. Learning through activities and *just-in-time training* are effective ways to build teams.

Participants leave the session with an increased understanding of where to start to build a better team.

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