

Being a Mom and a Wife, and Still Having a Life! *Focusing on God's priorities first in the daily balancing act*

Do you ever wonder how you will ever get it all done in a day? Are you secretly proud of how many tasks you juggled before noon? Welcome to finding ways to maintain our sanity in the busy life of a Christian mom!

Between the volunteering, the housework, the kid's needs, the husband's needs, the in-laws, the rest of your external family, the serving (at church), the sports coaches (and you may be one too), the teachers (or is that you too?), the carpool (if you're lucky), the boss (if you work outside the home), and then the little voice in your own head...there isn't much time for you, just YOU. Ah, but there can be!

Do you ever look down and find a spot of chocolate on your arm and know exactly when it must have happened hours ago with your kids and just belly laugh about it? Good, because if we don't laugh, we will be crying. And you may be there right now: crying through the day, or night, at how your life isn't what you pictured...or thinking everyone else seems to have it together just a little better than you. But are you comparing their outsides to your insides?

Motherhood is a gift and our lives change to take on new responsibilities. However, we have to be careful not to lose ourselves in the process of these changes. If we fail to take care our self: our own needs, desires, dreams and health, we won't be good to anyone else anyway!

Here's what we will cover ...

- ◆ ***Starting the day off right! ... Seeking God daily!***
- ◆ ***Stop comparing and start sharing!***
- ◆ ***How to prioritize your day, plans and life...***

SO...

How do you start your day?

In what areas do you compare yourself (perhaps accidentally) to other women?

Do you have priorities that are so clear it's easy to say yes or no to invitations?

How do you get the most important things accomplished, when the urgent things (or zapped energy) are always demanding your time?

Come prepared to make a great investment in YOU for your short time here!

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