

Pass the Baton, Pass it On!

Mentoring

Who was your favorite mentor growing up?
How did that person help shape your future?
How would your life be different if that person hadn't been in it?

Keynote Objectives:

- Explore your definitions and preconceptions of mentoring
- Discover different ways to find a mentor
- Realize that you are the perfect mentor for someone

Mentors are bridges to opportunities. Mentors share their knowledge, encouragement and skills with others. Mentors impact lives.

You can achieve anything you want faster by seeking help from a mentor. Search for someone who is doing what you want to do and ask questions. Ask as many questions of the most successful people you can find. By answering your questions they are mentoring you. It **is** that simple!

Mentors guide and help you to be successful. They have the experience, and they too, have had mentors. By exploring and expanding our definition of what a mentor is, we gain the opportunity to realize that it is easier and more available than perhaps previously imagined. Mentoring happens everywhere, all the time. The magic of mentoring is that it works, and is available to all of us! Come learn the magic!

The Magic is YOU!

Jennifer Rousseau Sedlock