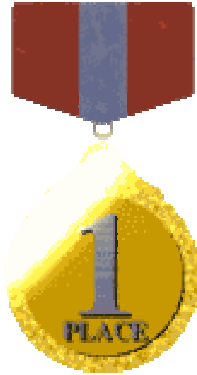


## Are You Running Toward Your Dream?

If you could do anything & knew you wouldn't fail, what would you do?

Vision, Plan, Action  
*3 Simple Steps to Actualizing Your Goals!*



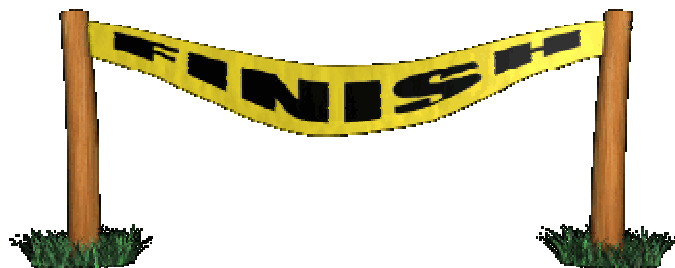
- ◆ Hurdle barriers and start to dream again...
- ◆ Convert your dreams into goals
- ◆ Plan simple steps at task level to get there!

Then you are READY – RUN!

Jennifer is an inspiring speaker, author, wife, and mother of 3. She has worked with over 100 organizations, associations and educational institutions in the past 14 years. Her goal in this program is to help people get clear on their dreams and goals and start moving faster toward them in the midst of their already busy lives. Come be entertained, educated and figure out **your next steps!** You won't want to miss the grand finale, your gift, or the motivation to get moving!



Jennifer Rousseau Sedlock



**Jennifer Rousseau Sedlock**  
*Speaking to the head and the heart, touching the soul*  
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